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## WHAT IS CLAIMED IS:

- 1. A method for generating a three-dimensional object comprising the steps of:
  - Scanning an object model with a light beam of a light source, wherein the scanning optical system operates confocally,
  - Detecting the light returning from the object model,
  - Generating object model data from the detected light and
  - Transmitting the object model data to an apparatus for object generation.
- 10 2. The method as defined in Claim 1, wherein the scanning optical system has at least one illumination pinhole and one detection pinhole.
  - 3. The method as defined in Claim 1, wherein the scanning operation is controlled by a control device, and the light beam is deflected by a beam deflection device.
  - 4. The method as defined in Claim 1, wherein the light returning from the object model is reflected light and/or scattered light and/or fluorescent light.
- 5. The method as defined in Claim 1, wherein scanning of the object model is accomplished with a confocal scanning microscope.
  - 6. The method as defined in Claim 1, wherein object generation is accomplished substantially by material-removing shaping.
- 7. The method as defined in Claim 1, wherein as a function of an intensity value and/or a wavelength and/or a polarization of the detected object model light, the generated object is generated from various materials.

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- 8. The method as defined in Claim 1, wherein in order to depict dynamic processes of an object plane, the object planes detected at different times are assembled into a three-dimensional object.
- 5 9. A method for generating a three-dimensional object comprising the steps of:
  - Scanning an object model with a light beam of a light source, wherein the scanning optical system operates confocally,
  - Detecting the light returning from the object model,
  - Generating object model data from the detected light and
  - Transmitting the object model data to an apparatus for object generation, wherein object generation is accomplished substantially using laser beam lithography methods.
- 10. The method as defined in Claim 9, wherein the laser beam of the laser beamlithography machine exposes a polymer liquid that can be cured with laser light.
  - 11. The method as defined in Claim 9, wherein rapid prototyping methods are used for object generation.
- 20 12. The method as defined in Claim 9, wherein as a function of an intensity value and/or a wavelength and/or a polarization of the detected object model light, the generated object is generated from various materials.
- 13. The method as defined in Claim 9, wherein in order to depict dynamic processes of an object plane, the object planes detected at different times are assembled into a three-dimensional object.

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- 14. A system for generating a three-dimensional object comprising:
  - A scanning optical system for scanning an object model;
  - A detector detecting the light returning from the object model;
  - A processing unit generating object model data from the detected light and
- An apparatus for object generation.
  - 15. The system of Claim 14, wherein the scanning optical system has at least one illumination pinhole and one detection pinhole.
- 10 16. The system of Claim 14, wherein the scanning operation is controlled by a control device, and the light beam is deflected by a beam deflection device.
  - 17. The system of Claim 14, wherein scanning optical system is a confocal scanning microscope.
  - 18. The system of Claim 14, wherein apparatus for object generation is a laser beam lithography machine.
- 19. The system of Claim 18, wherein the laser beam of the laser beam lithography machine exposes a polymer liquid that can be cured with laser light.